

# Narberth Community Food Bank

*Neighbors Helping Neighbors – Narberth & Lower Merion*

[narberthcommunityfoodbank.org](http://narberthcommunityfoodbank.org)

Friends and neighbors,

As you are aware, the situation regarding Covid-19 is changing rapidly. The Narberth Community Food Bank is in contact with county, state and federal governments and health officials to ensure our procedures help slow the spread of the virus. We are following recommended guidelines to protect our guests and our volunteers.

Food pantries and soup kitchens are considered an essential service and will remain open in Montgomery County.

The Narberth Community Food Bank will remain OPEN.

Our county-wide food networks (MAHN, SHARE, and PHILABUNDANCE) are working with us to fill the meal gaps Narberth and Lower Merion Township residents face due to the closing of area schools and senior day centers. We will need your help too.

NCFB knows our lines will be long when the food bank is open. Cars may be parked on Sabine Avenue for extended periods, and we may be asked to be a prepared meal pick up site for students, seniors, and delivery teams. We ask for your patience and understanding.

We are asking for your direct help in three ways.

**Donate Food:** Shelf stable items; see our updated “Most Needed” list at <https://narberthcommunityfoodbank.org/donations/>

**Volunteer:** We will need additional volunteers to pack bags and to deliver them. To volunteer, contact [leadership@narberthcommunityfoodbank.org](mailto:leadership@narberthcommunityfoodbank.org)

**Financial donations:** Funding in this time is crucial. The crisis requires we are open additional hour and days of service, purchase additional equipment, additional insurance, and other unforeseen expenses. Visit <https://narberthcommunityfoodbank.org/donations/> and click the yellow Donate button to contribute via PayPal or credit card.

As always, we thank you for your support.

Be safe and be well,

Gigi Tevlin-Moffat, and all of us at NCFB.